



**Write a short journal entry on your experience with the Work Out Your Wild Side challenge.**

Be sure to include the following:

- What was your favorite week of exercises? Why?
- Was your favorite animal mentioned? If not, then what is your favorite animal, and what exercise would you do to represent its movement? If your favorite animal was included, then name an animal that wasn't included and what exercise you would do.
- Name one thing you can do to help endangered species such as the ones mentioned in the challenge.


